

Making your meal selections:

Please choose which main meals you would like by marking an 'M' in the box next to the meal each day.

As an alternative to the main meal each day there are jacket potatoes with a choice of fillings. Please mark a 'J' in the box next to the relevant day to select this option.

Each day children can choose either fruit yogurt or a piece of fruit as an alternative to the dessert on the menu.



Meals are charged at £2.50 per day* and all payments for lunches are due in advance.

Payments can be made by cash or cheque either at the school office or in a clearly labelled, sealed envelope to your class teacher. Please make sure you enclose the correct money.

NAME:

CLASS:

*except those children eligible for free school meals

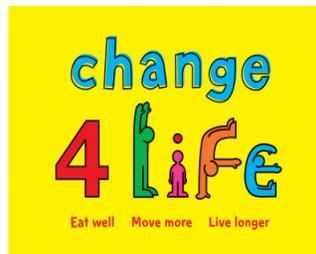


If you would like to change your meal choices, or bring a packed lunch instead, please tell us in writing at least two weeks before you change.

Allergy Advice

Please advise in the space below if your child has any known food allergies.

My child is allergic to and should not eat:



St. Cuthbert's
Catholic Primary
School

Lunch Menu

From: 20th April 2015

Week 1

'M' or 'J'

Monday

- Deep pan cheese & onion pizza served with sauteed potatoes, carrot & cucumber ribbons and salad
- Chocolate ice cream roll & mandarins

Tuesday

- Chicken & sweetcorn in tomato & basil sauce served with pasta twists, broccoli & sliced carrots
- Apricot flapjack & milk drink

Wednesday

- Roast ham served with ½ jacket potato, cheesy beans & coleslaw
- Chocolate & raspberry bun

Thursday

- Sausage and mashed potatoes served with Yorkshire pudding, gravy and garden peas
- Strawberry jelly and fruit salad

Friday

- Breaded white fish fillet with new potatoes, salad & ketchup
- Banana & chocolate sponge

Week 2

'M' or 'J'

Monday

- Cumberland sausage served with potato wedges, green beans, mixed vegetables & tomato ketchup
- Frozen toffee yoghurt

Tuesday

- Chicken korma & rice with naan bread and salad platter
- Blueberry muffin & milk drink

Wednesday

- Roast beef & Yorkshire pudding served with creamed potatoes, diced carrots, peas and gravy
- St Clement's cheesecake

Thursday

- Pasta beef bolognese served with mixed salad and carrot batons
- Fruit salad and cream

Friday

- Cod and salmon fishcake served with new potatoes, sweetcorn and broccoli florets
- Rice pudding served with peaches

Week 3

'M' or 'J'

Monday

- Pork meatballs in tomato sauce served with brown rice, mixed vegetables and broccoli
- Apple, cheese and digestive biscuit

Tuesday

- Turkey casserole served with creamed potatoes, savoy cabbage and sweetcorn
- Raspberry mousse

Wednesday

- Roast pork and apple sauce served with roast potatoes, baby carrots and green beans
- Fruit cocktail in jelly with cream

Thursday

- Chicken and sweetcorn pasta bake served with fresh salad platter
- Chocolate sponge and chocolate sauce

Friday

- Wholemeal salmon nibbles, new potatoes, peas & salad
- Strawberry shortbread