

# To help protect your child on the internet

## Remember the **GOLD**en rules



### **G**round rules

- Agree how the internet should be used in your home
- Keep information private – think, would I tell this to a stranger?
- Agree rules about meeting online ‘friends’ in real life
- If it’s not acceptable in real life it shouldn’t be acceptable on line

### **O**nline safety

- Use anti-virus and parental monitoring systems
- Know where to get advice – see below
- Activate security and privacy settings

### **L**ocation

- Internet access should be in a family room, rather than a bedroom
- Know that Internet access can be gained by the use of other devices; such as gaming consoles, mobile phones or the neighbours wireless Internet connection

### **D**ialogue

- Talk to your child about their Internet use
- If you think your child knows more about the Internet – ask them
- Encourage them to talk to you if they have a problem or feel uncomfortable

### Keeping Safe in Simple on Social Networking Sites:

- Always keep your profile private
- Never accept friends you don’t know in the real world
- Never post anything which could reveal your identity
- Never agree to meet somebody you only know online without telling a trusted adult
- Always tell someone if you feel threatened or someone makes improper suggestions

For more information or to report an issue relation to bullying please contact your local school

Child safe search Engine – <http://kids.yahoo.com> or <http://www.askkids.com>

CEOP – [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) Facebook App – <http://www.facebook.com/clickceop>

Childnet – [www.childnet.com](http://www.childnet.com)

Facebook – <http://www.facebook.com/help/?safety=parents>

General advice <http://clickcleverclicksafe.direct.gov.uk/index.html>